

2024-25 ERHS FRESHMAN REGISTRATION WORKSHEET

FOR REFERENCE ONLY

PER SMJUHSD BOARD POLICY 6146.1 STUDENTS MUST COMPLETE A COURSE IN ETHNIC AND GENDER STUDIES IN ORDER TO GRADUATE.

(P) = College Prep · AP = Advanced Placement · (H) = Honors · CC = Concurrent Enrollment (AHC) · E = Ethnic & Gender Studies

English *(All courses meet A-G subject area B)*

- English 1 (P) English 1 (H)

Math *(All courses meet A-G subject area C)*

- Integrated Math 1 (P) Geometry (P)

Physical Education (PE)

- PE Course 1
(Only 1 option for Freshman)

Science *(All courses meet A-G subject area D)*

- Agriscience and Physics (P) Physics of the Universe (P)

Accelerated NGSS Pathway (Double Science)

- Physics of the Universe (P) & Biology: The Living Earth (P)
(This option requires that students are also enrolled in Integrated Math 1 (P))

Ethnic and Gender Studies (Graduation Requirement, SMJUHSD Res. #01-2020-2021)

- Introduction to Ethnic and Gender Studies & Prod 301 Life/Career Planning

(Both courses are 1 semester long)

Elective Courses: Choose FOUR (4) electives and rank them 1-4 with #1 being your first choice.

Please look over course description sheet for more information

Freshman College Prep Elective Courses

International Languages *(All courses meet A-G subject area E)*

- French 1 (P) Intro to Spanish Speakers (P)
 Spanish 1 (P) Spanish for Span Speakers 2 (P)
 Spanish 2 (P)

Visual and Performing Arts *(All courses meet A-G subject area F)*

- Intro to Art (P) Guitar (P)
 Digital Arts 1 (P) Songwriting & Production (P)
 Theater Arts 1 (P) Jazz Ensemble (P)
 Photo 1 (P) Marching/Concert Band (P)
 Intro to Film (P) Floral Design (P)
 Concert Choir (P)
(The following courses require an audition)
 Marimba Band 1 (P)
 Varsity Choir (P)
 Ballet Folklorico 1

College Prep Electives *(All courses meet A-G subject area G)*

- Ag Mechanics (P) Accelerated NGSS Pathway (Double Science)
 Ornamental Horticulture (P) Health & Wellness for Life (P)
 Animal Science (P) Culinary Arts (P)
 AHC 157 Ag Sales (CC)/Ag Leadership
 AVID (P) (student must complete online application)

Freshman NON College Prep Elective Courses

Additional Electives *(Courses do not meet any A-G subject area)*

- Beginning Mexican Dance/AHC 140 Ag Building Construction
 Chorale (womens choir) Ag Welding
 Madrigals (by audition)

CTE Pathway Sequences (informational only)

<i>Pathway</i>	<i>Concentrator (1st Class)</i>	<i>Capstone (2nd Class)</i>
Pathway 100: Agriculture Business	Ag Leadership/Comm A/B or AHC AG150 AND AG157	Adv Ag Leadership A/B or Amer Govt AND AHC AG158
Pathway 101: Agriculture Mechanics	Ag Mechanics A/B or Ag Build Const A/B or Ag Welding 1 A/B	AHC WLD 300 AND Adv Weld B or Adv Ag Weld A/B or Adv Ag Mech A/B
Pathway 102: Agriscience	Integrated Ag Biology A/B	Ag Chemistry A/B
Pathway 103: Animal Science	Animal Sci A AND AHC AG 152-Intro An Sci	Veterinary Science A/B
Pathway 105: Ornamental Horticulture	Ornamental Horticulture A/B	AHC AG 156-Env Hort AND AHC 154-Frt Sci
Pathway 105A: Floral Design	Floral Design A/B	Adv Floral Design A/B
Pathway 106: Plant & Soil Science	AHC Ven 120-Viticulture Operations	Viticulture 2 A/B
Pathway 111A: Graphic Design	Digital Arts 1 A/B	Digital Arts 2 A/B
Pathway 111C: Visual/Commercial Art*	CTE Intro to Art*	CTE Drawing or CTE Painting*
Pathway 112A: Dance/Choreography	Ballet Folklorico 1 A/B	AHC Dance 142-Int Folklorico AND Dance145-Folk Zapateados
Pathway 112B: Professional Music	Marimba Band 1 A/B	Marimba Band 2 A/B
Pathway 112C: Professional Theater	Theatre 1 A/B	Theatre 2 A/B
Pathway 113B: Film/Video Production	Intro to Video/Film Production A/B	AHC Film 110-Intro to Motion Picture & Vid Prod
Pathway 132: Education	Developmental Psychology of Children A/B*	Careers with Children A/B
Pathway 141: Environmental Resources	AHC Biology 100 or AHC Geology 100	AP Environmental Science A/B
Pathway 198: Patient Care	Sports Medicine/Kinesiology A/B	Intro Athl Training A AND AHC ATH 104-Care & Injury Prev of Athl Injuries
Pathway 201: Hospitality and Tourism	Culinary Arts 1 A/B	Culinary Arts 2 A/B

*pending approval

RHS 2024-25 FRESHMAN ELECTIVE OFFERINGS

Students take 20 elective credits their freshmen year.

5 credits of Ethnic and Gender Studies are REQUIRED (one semester) and 5 credits (one semester) of Prod 301/ Life & Career Planning

Please see the Course Description Booklet available on our website at www.righetticounseling.com for more detailed course descriptions.

Courses Required for all Freshman			
Course	Description	Cred.	A-G
Prod 301/Life & Career Planning AHC Concurrent Enrollment	Introduces students to a decision-making process that will help them envision and plan for a future career that is productive, achievable, and stimulating. This course culminates with the development of a 10-year career/education plan used for advisory and academic purposes. This personalized 10-year plan provides students with the focus and intrinsic motivation to succeed in high school, college, at work, and in life. (This is a concurrent enrollment course. Students will receive High School and College Credit if the class is passed)	5	No
Intro to Ethnic & Gender Studies	Utilizes research, discussion, and project-based learning to encourage cultural understanding of how different groups have struggled and worked together, highlighting core ethnic studies concepts such as equity, race, racism, ethnicity, indigeneity, etc. This course focuses on the contributions and experiences of African Americans, Asian Americans/Pacific Islanders, Latino/Chicano Americans, and Indigenous Americans. This course will also include a unit in which students will consider concepts related to their own personal, group and/or national identity.	5	"G"
A-G APPROVED COURSES (Meet requirements for college entrance)			
Ag Mechanics	This class is designed to make students aware that an advanced educational background is necessary to pursue a career in agriculture repair or general farming. The class will teach basic shop skills including woodworking, rope work, plumbing, electrical and tool sharpening. Taking this class enables the student to participate in FFA activities.	10	"G"
Animal Science	This course will expand the knowledge of advanced topics in animal science including animal nutrition, physiology, reproduction, proper care of animals, animal health practices and management techniques.	10	"G"
Intro to Art	This course is designed to explore basic principles of design and color utilizing exercises in various media, including paper cutout, poster colors, felt tip pens, pencil, colored pencil & ink with emphasis placed on practical application. Additional emphasis will be placed on portfolio presentation of work.	10	"F"
AVID	The Mission of AVID is to ensure that all students, and most especially the least served students who are in the middle will succeed in rigorous curriculum, will complete a rigorous college preparatory path, will enter mainstream activities of the school, will increase their enrollment in four-year colleges and will become educated and responsible participants and leaders in a democratic society. MUST COMPLETE AVID APPLICATION	10	"G"
Ballet Folklorico/AHC Dance 140	This course is an advanced performing dance class. Regional traditional dances from Mexico will be taught including footwork, regional styles, stage presence and choreography. It also provides instruction on the aesthetic, cultural and historical dimensions of Ballet Folklorico. **Concurrent AHC course.	10	"F"
Digital Arts 1	Designed for students who have shown interest in the field of fine arts and the use of digital imaging technology. Students will learn a variety of methods of expression by means of electronic (digital) equipment	10	"F"
Choir, Concert	Concert Choir is a beginning course for all students interested in choral music. This course develops basic music skills, basic music vocabulary and beginning sight reading. Students will learn about breathing, pitch and tone, vowel sounds, diction and how to follow a part in written music. This group sings in all the concerts. This course may be repeated until ready to audition for Varsity Choir and Madrigals.	10	"F"
Choir, Varsity	Varsity Choir is open to all students in all grades. This is "the" school choir. This course is designed to develop the 4- part choral sound, sight reading skills, ability to hold their part against others, and a cappella music. This choir does multiple concerts each year. Students must audition for this course.	10	"F"
Culinary Arts 1	Culinary Arts 1 is designed to provide students with the competencies needed in the areas of food and nutrition. Students will learn basic concepts of nutrition, resource conservation, food preparation, food preservation, use of consumer resources and agencies, and the relationship of nutrition and physical fitness to good health.	10	"G"
Floral Design	Students will become acquainted with theories and principles of artistic design and their influence on the floral industry. Students will gain knowledge and skills to understand artistic perception, creative expression, historical and cultural context. Assignments will be based on abstract, two- and three-dimensional designs, historical culture, theory, color theory, and analytical critiques of various floral art works.	10	"F"
French 1	This is a 3-yr French program. You begin with French Intro* followed by 2 years of Concurrent classes in partnership with AHC. The courses are designed to introduce the students to basic communication skills in reading, writing, listening, and speaking. The language will be taught through a Global Citizen lens. Gradually, you will be able to communicate in French with French speakers around the world. It will be an asset when entering the job market.	10	"E"
Guitar	This course is open to all students interested in learning to play the guitar or to improve their existing skills. Individuals as well as groups will work on learning the fundamentals of playing the guitar, as well as music fundamentals including music reading, and basic music theory. Students will also work on learning advanced chords, finger picking, and working with different musical styles. In addition, students will learn the history of the guitar and related instruments.	10	"F"
Health & Wellness for Life	This course will assist students in becoming health literate individuals who can critically analyze, and problem solve when confronted with the health issues of today. Students will be their own health advocate on topics including personal and community health, mental, emotional and social health, nutrition and physical activity, alcohol, tobacco, and other drugs, and growth, development, and sexual health.	10	"G"

**A-G APPROVED COURSES
(Meet requirements for college entrance) -Continued**

Course	Description	Cred.	A-G
Jazz Ensemble	Survey of all jazz styles to include Big-Band Swing, and Rock and Roll. Students will perform concerts and improvise melody over a stylistic chord progression.	10	"F"
Marching & Concert Band	This year long, performance course is designed for all students with performance experience of a woodwind, brass, or percussion instrument. Students enrolling in this class will participate in required performances such as assemblies, sporting events and concerts. There are required performances outside the regular school day. Students must provide appropriate attire as outlined in the band handbook.	10	"F"
Marimba Band	Marimba Band is a year-long, performing music ensemble class. Traditional and contemporary music from Latin America with an emphasis on Mexican music genres will be explored along with performance skills. Students will participate in public performances both on and off campus. This class allows students from all backgrounds to experience and understand dance as a component of the Mexican heritage.	10	"F"
Ornamental Horticulture	Students in this course will learn entry-level skills in ornamental and production plant growing and tending. Instructions includes plant propagation, soil mixtures and sterilization, irrigation, potting and canning, fertilizers, hydroponics, floral design, pesticides, diseases/pest management, greenhouse structures and operations, plant identification, tools and materials, basic landscaping, computer and business management.	10	"G"
Photo 1	This "hands-on" course provides training and experience in the basic to intermediate technical and artistic elements of photography. Students learn/use professional-level camera features to develop their compositional and technical skills. Students will use a variety of techniques to refine and present their photographs. Throughout the process students see, critique, and learn from the best of the world's photographs, as well participating in displays of student work.	10	"F"
Songwriting & Music Production	In this "hands-on" course, students will compose and record songs and other forms of music. They will learn about music theory, composition, arrangement, the history of song, instrumental performance, singing and lyric writing. Students will learn and utilize music recording equipment and software. Students who have no prior skills in songwriting, playing an instrument, or singing are welcome, but must receive instructor approval and will be expected to adequately develop one or more of those skills during the year.	10	"F"
Spanish 1	Students in this course will learn how to communicate about themselves, their family, their friends, and their interests. Students will be exposed to information about various Spanish-speaking cultures. Students work individually, in partnerships, and in groups to produce simple dialogues. Students are expected to gradually improve their skills so that they can respond in Spanish only.	10	"E"
Introduction to Spanish for Sp. Speakers	This course is designed for heritage Spanish speaking students who have at least basic comprehension and conversational skills. The intent of the course is to prepare students to be successful in subsequent Spanish for Spanish speaking courses. Students are fully immersed in a Spanish speaking academic environment. Instruction will focus on reading and writing skills. Students will gain confidence through class discussions, dialogues, oral presentations, and daily journals.	10	"E"
Spanish for Spanish Speakers 2	The class is designed for Spanish speakers that can speak, read, and write proficient Spanish, & emphasizes the mastery of writing, reading, and oral communication skills, with particular attention given to spelling, accent marks, and expanding students' vocabulary beyond that of the Spanish they speak at home. The value, history, culture, and geography will be learned. The course aims to develop academic literacy and cultural awareness through daily writing activities, group presentations, and discussions that will address idioms and language variations.	10	"E"
Theatre Arts 1	This course will introduce the basic skills of theatre arts in four major content areas: acting, theatre history, play reading & playwriting and technical theatre/career applications. Students will develop performance skills, gain an understanding of the theatre in historical context, utilize creative writing skills and be introduced to set design, costuming and make-up.	10	"F"
Video/Film, Intro	This course is designed to introduce students to the art of filmmaking and video production. Students will learn filmmaking techniques using the camera, computer and various software as tools to tell stories through sound and visuals. Students will learn the language of film and the history of film. Students that would like to take this class should be willing to learn to work within a group environment.	10	"F"
ADDITIONAL ELECTIVE COURSES (Fulfill graduation requirements, but DO NOT meet A-G requirements for college entrance)			
AHC 157 Ag Sales/Ag Leadership	The study of principles and practices of the selling process: selling strategies and approaches, why and how people buy, prospecting, territory management, and customer service. Self-management, communication, and interpersonal skills necessary in developing managerial abilities, leadership qualities, and facilitating teamwork within the agribusiness sector will be explored. Students will gain experience through role-play, formal sales.	10	No
Ag Welding 1	This course focuses on theory, practice and application of various metal joining processes, including oxy-fuel welding, brazing, flame cutting, electric arc processes and an introduction to mig welding. Students will develop competencies in shop and tool safety. Students will have the opportunity to build their own BBQ pit. Taking class enables the student to participate in FFA activities.	10	No
Ag Bldg. & Construction	This course introduces students to hand and machine woodworking equipment, methods and materials while constructing a variety of wood projects. Projects will include bird houses, butcher blocks, furniture and decorative wood projects. Casework, door and drawer construction are also explored. Class is 40% lecture and 60% activity.	10	No
Chorale A/B	Chorale is a beginning course for students interested in choral music. This course develops basic music skills, basic music vocabulary and beginning sight reading. Students will learn about breathing, pitch and tone, vowel sounds, diction and how to follow a part in written music. This group sings in all the concerts. This course may be repeated until ready to audition for Varsity Choir and Madrigals.	10	No
Madrigals	Madrigals is an audition-only course for all students with advanced music training and exceptional talent. If possible, students should be concurrently enrolled in Varsity Choir.	10	No
Mexican Dance, Beginning	This is a yearlong, non-performing dance class. Traditional Mexican dance technique and vocabulary will be developed. The purpose of this class is to teach students the fundamentals of Mexican folk dance and prepare students for the Intermediate Mexican Folk Dance A/B class, as well as auditioning for the Ballet Folklórico. Auditions for following year's Ballet Folklórico are held during the Spring Semester.	10	No